

For patients diagnosed with narcolepsy taking a twice-nightly oxybate

Are you taking a twice-nightly oxybate medication? Answer the following questions to discuss with your healthcare provider.

- Y N Do you ever feel stressed about following a twice-nightly dosing schedule?
- Y N Do you sometimes need someone else to help you wake up to take the second dose?
- Y N Do you ever feel a need to skip the second dose of your oxybate treatment—for example, to manage your schedule the next morning?
- Y N When you miss or skip the second dose of your oxybate treatment, do you feel an impact in your daytime symptoms the next day?

How often do you skip or miss the second dose of your twice-nightly oxybate treatment? (Circle one)

0 times per week

1-2 times per week

3-5 times per week

More than 6 times per week



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**For patients diagnosed with narcolepsy
currently not taking an oxybate**

**Could you benefit from a different treatment option?
Answer the following questions to discuss with
your healthcare provider.**

- Y N Do you have a treatment routine you are satisfied with?
- Y N Do you feel that your current treatment is completely addressing your excessive daytime sleepiness (EDS) or cataplexy symptoms?
- Y N Are you still taking frequent naps or missing out on daily activities because of EDS?
- Y N Have you had challenges with your current treatment disrupting your sleep?



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